

2023 Health & Wellness Resources #GetHelpLikeABearcat

Note: Check with your health insurance company to identify covered providers.

Medical Resources in the Owensboro-Daviess County Community: Non-Profit

Owensboro Health (OH) Regional Hospital: hospital & ER, **270-417-2000**, 1201 Pleasant Valley Road, **24-hour Owensboro ER nurse, Free general medical info OR Covid-19 helpline 877-888-6647.**

Audubon Area Community Care Clinic, 270-686-6040, 750 Salem Drive, Suite 2. Offers primary health care and behavioral health/substance abuse services. Sliding fees and payment assistance. By appointment. 8am-5pm Monday-Friday.

Health First Community Health Center: 270-926-9821, 2816 Veach Rd., Suite 205. Primary health care, behavioral health. Sliding fees. Prefer appointments but will take medical walk-in. No walk-in for behavioral health.

OH Medical Group-Family Medicine: 270-684-1145, 811 E. Parrish Ave. physicians & nurse practitioners, (next to parking garage). Self-pay or insurance. By appointment Monday-Friday, 8am-5pm.

OH Urgent Care, 270-688-1352, 1006 Ford Ave. Suite 101, adjoins HealthPark, walk-in 8am-8pm/7 days.

Green River District Health Department: 270-686-7747, 1600 Breckenridge Street, some free medical services & testing, others on sliding scale, By appointment Monday-Friday. <http://healthdepartment.org>

Community Dental Clinic: 270-691-6205, 2811 New Hartford Rd., sliding scale, <https://www.owensborodentalclinic.com/>

CareNet-Owensboro, phone or text **270-685-5077**, 425 E 18th, pregnancy support, pre-natal medical, STI testing; no fees.

Find a Doctor/Specialist in Owensboro area: <https://www.owensborohealth.org/find-doctor>

24/7 Online, free mental health resource now available to ALL courtesy of Owensboro Health Medical System, River Valley Behavioral Health, and Credible Minds: resource to anyone who has internet access via computer, tablet, phone or any other device. All they have to do is visit <https://healthymind.crediblemind.com/> to begin. **Mental health crisis: call or text 988**

National Suicide Prevention Lifeline: Call or text 988 for any mental health crisis anywhere in the USA! Help is available 24 hours/day! If you are in Daviess County KY and have an area code other than 270, call or text 800-433-7291

Behavioral Health Providers in Owensboro-Daviess County: Non-Profit

Brescia Counseling Services, 8am–4:30pm, Monday-Friday, Room 205 Moore Center, 270-686-4282

River Valley Behavioral Health: regional mental health center, array of services: Psychiatrists, Nurse Practitioners, Psychologists, Therapists, Crisis stabilization, Assessments. Most Insurances accepted. **270-689-6879.** By Appt.

Owensboro Health Outpatient Behavioral Services: HealthPark location: 2211 Mayfair Ave, Suite 409, **270-417-7980** for psychiatry or counseling; Psychiatrists & Nurse Practitioners, 1201 Pleasant Valley Rd, **270-417-3700.** Most insurances accepted. By appointment only. Psychiatric emergencies go to Owensboro Health Emergency Department or call 911.

Find Substance Abuse or Behavioral Health Treatment Nationally: <https://www.samhsa.gov/find-treatment>

New Beginnings/Sexual Assault Support: 800-226-7273, confidential emergency support & ongoing therapy services, legal advocacy, phone answered 24 hours, no fee for services. **National Sexual Assault Helpline: 800-656-4673**

OASIS/Partner Violence: 800-882-2873, 24 hour emergency support/housing; support groups & ongoing therapy, legal advocacy, no fee for services. **National Domestic Violence Helpline: 800-799-7233**

Alcoholics Anonymous: 270-683-0371, self-help recovery for problem drinking. **National info:** www.aa.org

Narcotics Anonymous: self-help for substance abuse, meetings in Owensboro: <https://goo.gl/nuiHm9>, **National:** www.na.org

Online Mental Health & Wellness information for Brescia University students, includes national resources: <http://www.ulifeline.org/brescia/>

For additional assistance, resources & referrals, contact Brescia University's **Office of Student Affairs**
Phone **270-686-4332** Webpage: <https://www.brescia.edu/student-life/> OR

Counseling (Suite 204-Moore Center), Phone: 270-686-4282; <https://www.brescia.edu/counseling/>

Please note that this page is not a comprehensive list of local, public **non-profit** agencies, nor does it imply endorsement of service providers. It is informational only. For-profit, private providers not included on page 1.

Eva Atkinson, BU Counseling Services, 8/2/2023

Note: Check with your health insurance company to identify covered providers.

Going to the **Emergency Department** is the **most expensive** level of care. If your situation is not an emergency, call for Health Advice or COVID information in Owensboro **855-417-8555** or **877-888-6647**. Your call will be answered 24 hours/day, 365 days/year by an experienced registered nurse at Owensboro Health.

Note: In case of a medical emergency, dial 911 immediately. Mental health support, call or text 988.

If you need a local primary medical care provider who is accepting new patients (non-profits*):

***Audubon Area Community Care Clinic, Inc.:** 270-686-6040, 750 Salem Drive, Owensboro, KY 42303, ; offering primary health & behavioral health services. Insurance, sliding fees and payment assistance. Prefer appointment, take some walk-in 8am-5pm M-F

***Health First CHC:** 270-926-9821, 2816 Veach Rd., Suite 205. Primary health care, behavioral health. Sliding fees or insurance. Prefer appointments but will take medical walk-in. No walk-in for behavioral health.

Owensboro Medical Group-Family Medicine : 270-691-8040, physicians & nurse practitioners, 811 E. Parrish Ave. (next to parking garage) By appointment Monday-Friday, 7am-5pm

Find a Doctor/Specialist in Owensboro area: <https://www.owensborohealth.org/find-doctor>

If you need a minor-emergency, walk-in center (for profit resources):

St. Camillus Urgent Care: 3600 Frederica St. Monday-Friday 8am-6pm, Saturdays 8am-noon, **270-684-0023**

Springs Urgent Care, 2200 E. Parrish Ave. Suite 104-C, Monday-Sunday, 8am-7pm, **270-852-1632**

Owensboro Health Urgent Care @ HealthPark: 2111 Mayfair Ave., Suite 101, 8am-8pm/7 days. **270-688-1352**

Immediate Care: 1200 Breckenridge St., Suite 102, Monday-Saturday 8am-7pm, Sunday 8am-5pm, **270-683-7553**

Other Services (Non-profits):

Green River District Health Department: 270-686-7744, some free services, others on sliding scale, 1600 Breckenridge Street. By appointment Monday-Friday. <http://healthdepartment.org>

Community Dental Clinic: 270-691-6205, Sliding scale fee dental care, 2811 New Hartford Rd., by appointment. (If you want to find a private dentist, optometrist, etc in Owensboro, please come to Student Affairs for suggestions.)

Birthright: 270-926-7561, Free Pregnancy testing, clothing, diapers, etc. Housing if pregnant and homeless, 512 W 7th St.,

Matthew 25: (270) 826-0200 or after hours: 270-860-1287, HIV/AIDS testing, medical care, prevention, other support

CAMPUS Rx: Brescia University collaborates with **Campus RX** to offer students an opportunity to have discounted subscription for unlimited access to non-emergency medical and behavioral health services from the convenience of their phone, smartphone, or computer. For **\$10 per month**, registered members can consult with a doctor to discuss symptoms related to illness or reach a counselor for behavioral health. Members can speak with a doctor or counselor via telephone or video chat 24 hours per day, 7 days per week, 365 days per year, anywhere in USA. Unlimited visits. Campus Rx serves as an alternative to urgent care clinics and expensive ER visits for non-emergency conditions.

Campus Rx was created as a way to provide access to the convenience of telehealth services. Convenient medical/mental health care is as easy as this 1.2.3 process:

1. **Connect:** Download the Campus RX app from the *Google Play Store* or *App Store* or register online at www.campusrxnow.com. (Must use **firstname.lastname@brescia.edu** email address; promo code: **BEARCATS**.)
***After membership established, up to 7 immediate family members in USA can be added at no additional charge!**

2. **Triage:** Complete a brief medical history and include a list of medications and current symptoms.

3. **Consult:** Members can connect with a board certified doctor or master counselor licensed in their state via telephone or video visit. After a diagnosis is made by physician, any necessary prescriptions are sent to a pharmacy of your choice.

By using the promo code: BEARCATS students can subscribe for unlimited access to medical and behavioral health for \$10 per month. This reflects a \$14.95/month discount on regular Campus Rx membership. A one-time enrollment fee of \$9.95 is added to first month only. There are no additional co-pays. Your insurance is not billed. You are responsible for costs of prescribed medication. Campus Rx physicians and master counselors cannot practice outside of the USA, however can assist students currently residing in USA.

Campus Rx Frequently Asked Questions: <https://www.campusrxnow.com/faq/> (also known as Everywhere.care)

Please contact Eva Atkinson in Student Affairs if you have other questions.

Disclaimer: Brescia University is not affiliated with CampusRx nor receives any financial compensation from them. Brescia University does not employ any of the professional staff engaged and insured by CampusRx. CampusRx is responsible for screening and contracting with their providers, therefore, Brescia University is not liable for the care received from CampusRx providers. If you have a medical or mental health emergency, you need to call 911 or proceed to your nearest medical facility. Medical care by CampusRx physicians is for minor medical issues, usually seen in outpatient, walk-in clinics.

Please note that this page 2 is not a comprehensive list of local, private for-profit or public non-profit agencies, nor does it imply endorsement of service providers. It is informational only. Brescia is not affiliated with nor receives any compensation from them.

BU Counseling Services, 8/2/2023